

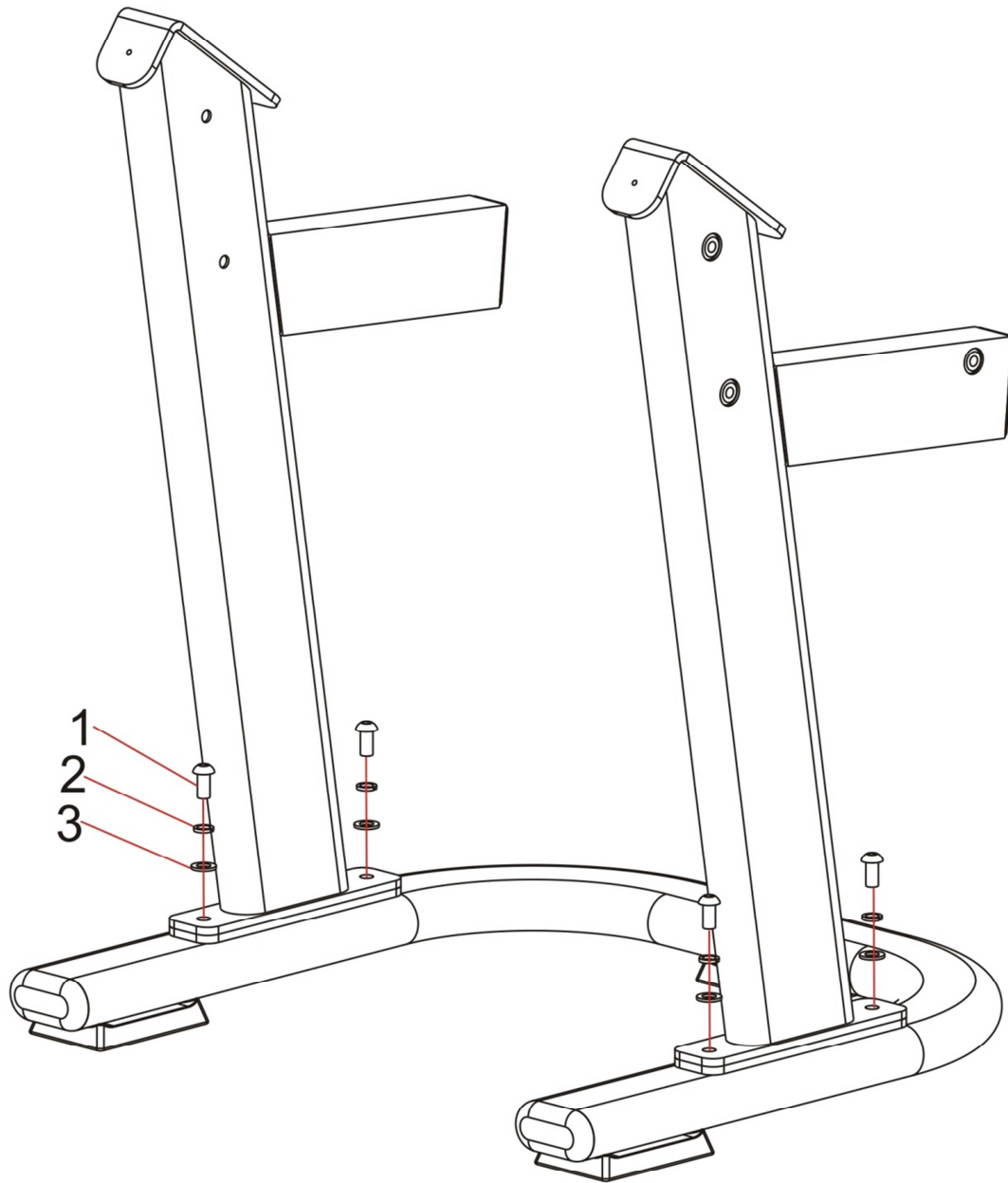
Инструкция по сборке подставки для сгибания рук стоя







Руководство пользователя





1

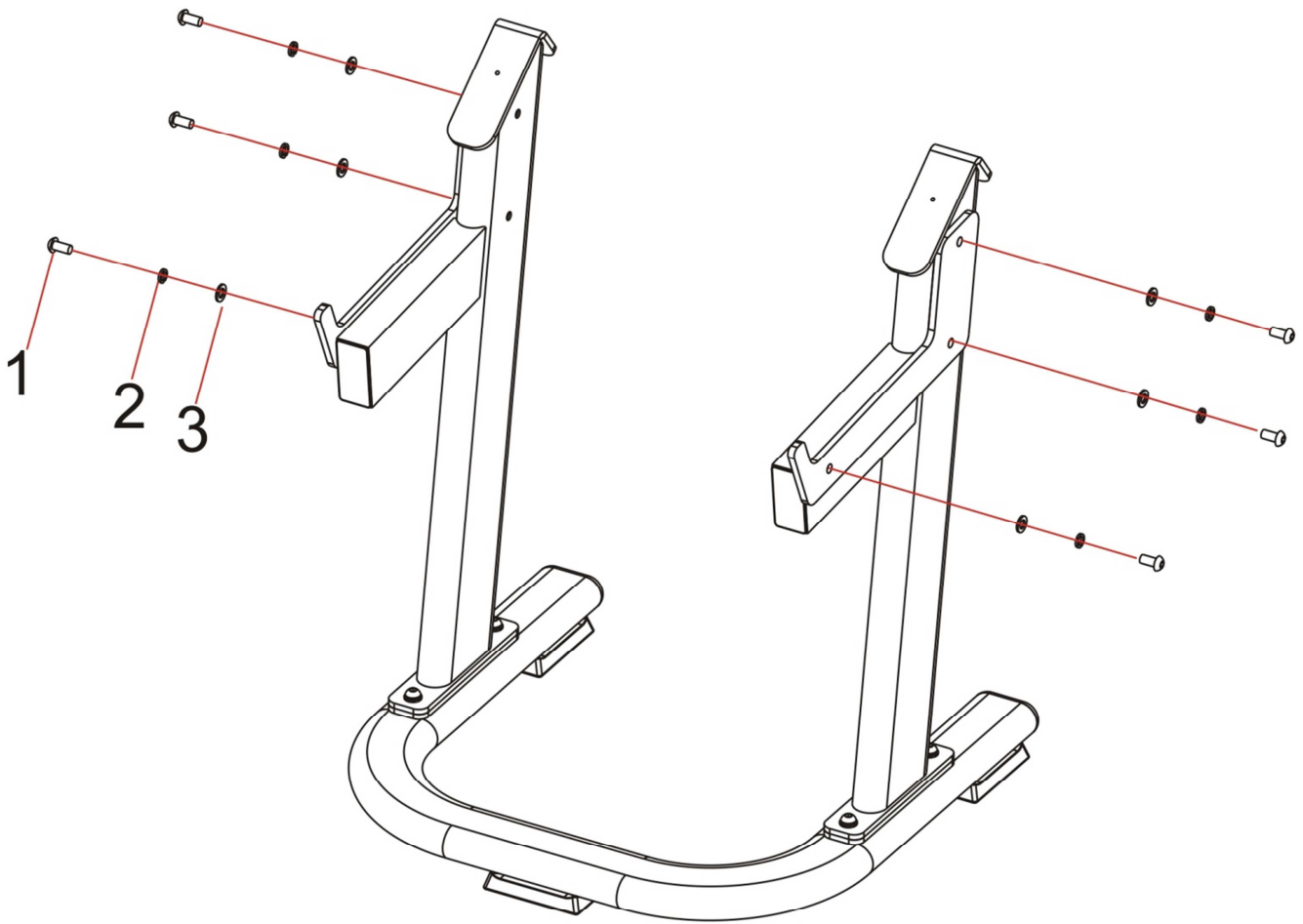




1  X4
M12X25 



2  X4
M12 



3  X4
M12 

2

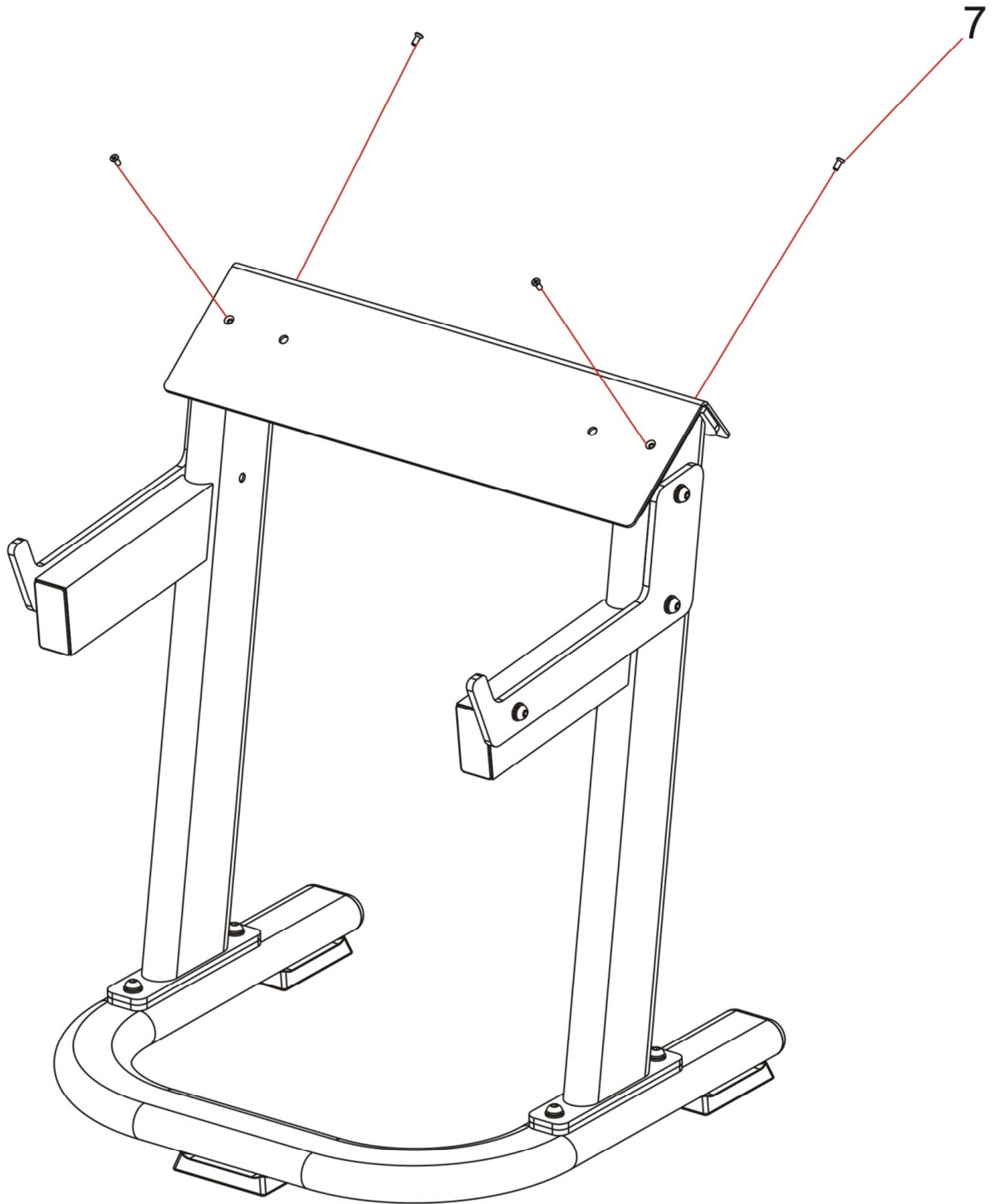


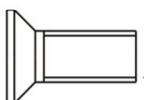
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M12X25 

2  X6
M12 

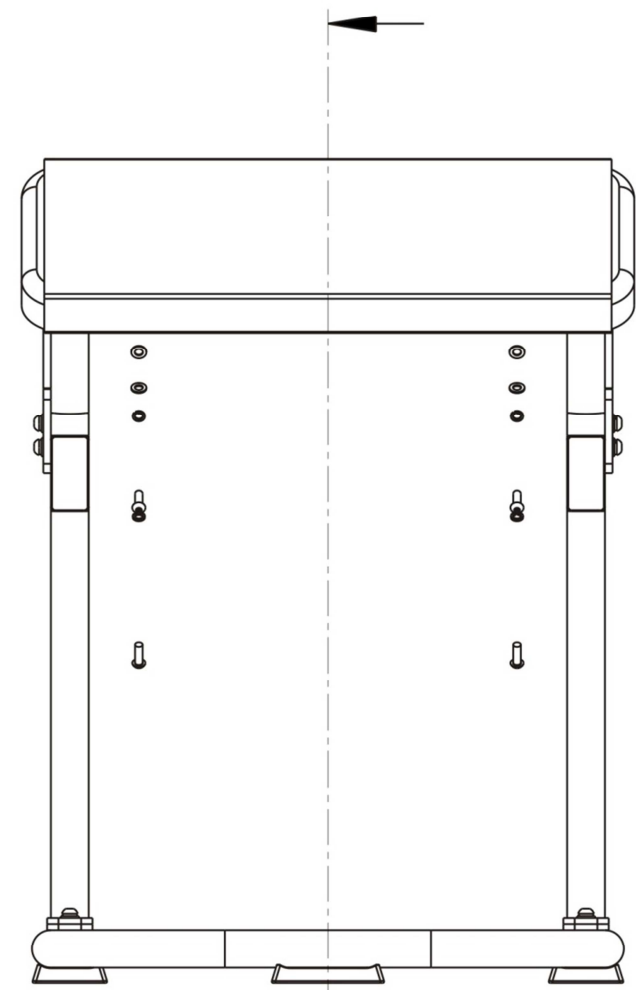
3  X6
M12 

3



7  X4
M8X15

4



4  X4

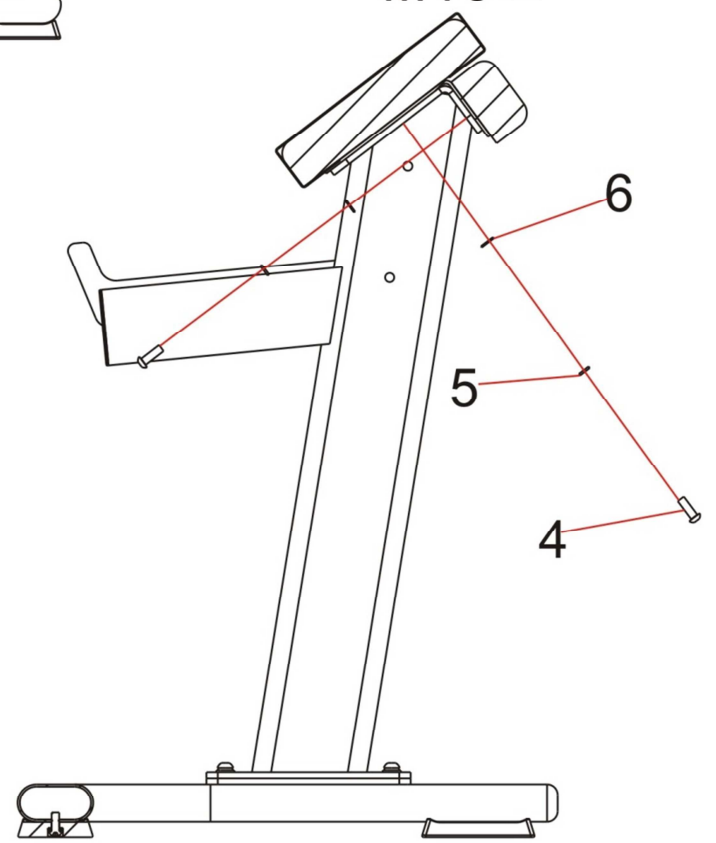
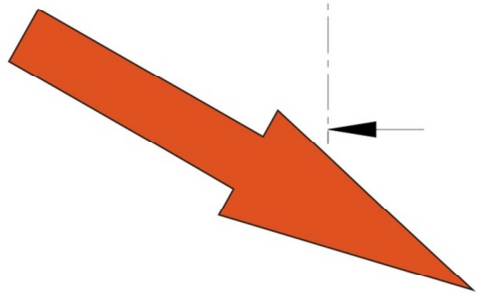
M10X35 







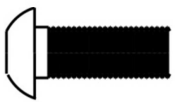

5  X4





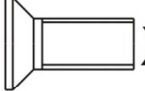
M10 

6  X4

M10 



- 1  X10
M12X25 
- 2  X10
M12 
- 3  X10
M12 
- 4  X4
M10X35 

- 5  X4
M10 
- 6  X4
M10 
- 7  X4
M8X15